**Counselor’s Corner**

Can you believe it is November already and the snow is beginning to arrive? We have had a great and very busy, start to the school year at June Creek! If we have not officially met yet, my name is Marilyn Earle, and I am the school counselor at JCES. I have already met with all the students through my weekly classroom guidance lessons. If you think I should be meeting with your child individually or in a small group to discuss a particular issue, please contact me at any time. I would love to talk to you about ways I could be helpful to your child. I love working with the kids at our school!

**November Parenting Tip**

**Help build your child's self-esteem, the opinion he or she has of himself or herself.**

* Let them know that you think they are valuable, capable human beings and that you know they can succeed.
* Give them positive feedback on all areas of their lives.
* Support them in their activities including homework, sports, dealing with life experiences.
* "Don't put children down.  If you look for what the child is doing right, you won't have time to see the things he is doing wrong."
* Point out to your child when she is doing something right.  Don't stress when she is doing something wrong.
* Be careful of the words and ideas you say and share with your children.  You are one of the most important people in the world to your kids and they want to make you happy.  What you say to them and how you say it will set the tone and goals of their lives for years to come.  Use encouragement freely and criticism very seldom.

For more information about June Creek’s Counseling Program is on our school website. Check it out here:

Counseling Information on our website or directly to:

<http://jcescounselingservices.weebly.com>

Información de la Consejera

<http://jcescounselingspanishservices.weebly.com>

Thanks!

Mrs. Earle, June Creek’s School Counselor

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